What are the symptoms of *Candida* overgrowth?

Symptoms of Candida overgrowth are caused by toxins being released. Not all listed symptoms will occur in all individuals. Usually, approximately 20 symptoms will be present.

Disfunctioning Glandular and Organ Symptoms:

Adrenal and thyroid gland malfunction, cold hands or feet, diabetes mellitus, hypoglycemia, hypothyroidism, impotence and low body temperature.

Gastrointestinal:

Bad breath (halitosis), bloating, coating on tongue (oral thrush), constipation, diarrhea, dry mouth, gas, heartburn, indigestion, inflammation, irritable bowel syndrome, obesity or/and excessive weight loss.

Psychological and Allergic:

Acne, blurred vision, bronchitis (recurrent), burning or tingling, chemical sensitivity, chest pain, coughing, earaches, hayfever, headaches, hives, muscle aches and tension, nasal congestion, nasal congestion, head tension, numbness, painful, swollen, stiff joints, shortness of breath, sinusitis and sore throats.

Emotional and Mental:

ADD, ADHD, anxiety, depression, disorientation, drowsiness, fatigue, feelings of unreality, frequent mood swings hyperactivity, inability to concentrate, insomnia, irritability, joint pain, low energy, mental confusion, MS, muscle pain, muscle weakness, nervousness, poor memory and tingling and numbness.

Skin:

Acne, anal itch, athlete's foot, dandruff, dermatitis, dermatitis, diaper rash, dry skin, eczema, excessive perspiration, facial rash, fungous infection of the nails, hives, impetigo, jock itch, lupus and psoriasis.

Genitourinary:

Bladder infection (recurrent), burning on urination, cramps, cystitis (inflammation of the bladder), endometriosis (irregular or painful menstruation), fluid retention (edema), frequent urination, impotency, infertility, loss of sexual feelings, menstrual irregularities, painful intercourse, PMS, prostitis, recurrent yeast vaginitis, vaginal burning, itching or discharge.

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